



StarBlocker

A CROSS PLATFORM INTENTION BASED INTERNET BLOCKER

YOUR ATTENTION SHOULD SERVE YOUR INTENTION.

Modern internet companies are designed to pull you from what you opened your device to do into what keeps you on theirs. **StarBlocker is on your side.**

Describe how you want to use your technology. StarBlocker understands that intention, notices when the screen has drifted away from it, and responds with gentle reminders or deliberate tech pauses.

TWO WAYS TO STAY ON COURSE

RULES · BY LOCATION + SCHEDULE

"No social media at home."

MISSIONS · ONE FOCUSED BLOCK

"For the next two hours, I'll research geology and write my paper."

YOUR INTENTION

SAY IT IN PLAIN ENGLISH



AI UNDERSTANDS
CONTEXT

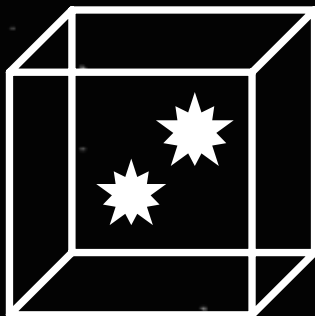
SCREEN + PLACE + TIME



STAY ON COURSE

REMINDER OR TECH PAUSE

Intent, not a blacklist. StarBlocker understands what is happening on your screen against the words you chose, rather than asking you to maintain lists of websites and keywords.



Star Blocker

Mac · Windows · Android · iPhone — AI screen accountability

GUARDRAILS YOU SET CLEAR-HEADED, HELD WHEN YOU'RE NOT.

Doomscrolling and unintentional internet use is rarely one choice — it's a slow slide. One tab, then another, until you're somewhere you didn't mean to go. StarBlocker is built to catch that slide **early**.

It's strongest exactly when you're weakest — late at night, alone, at home — and stays out of your way where you don't need it. You decide the rules when you're thinking straight; StarBlocker enforces them when the urge hits.



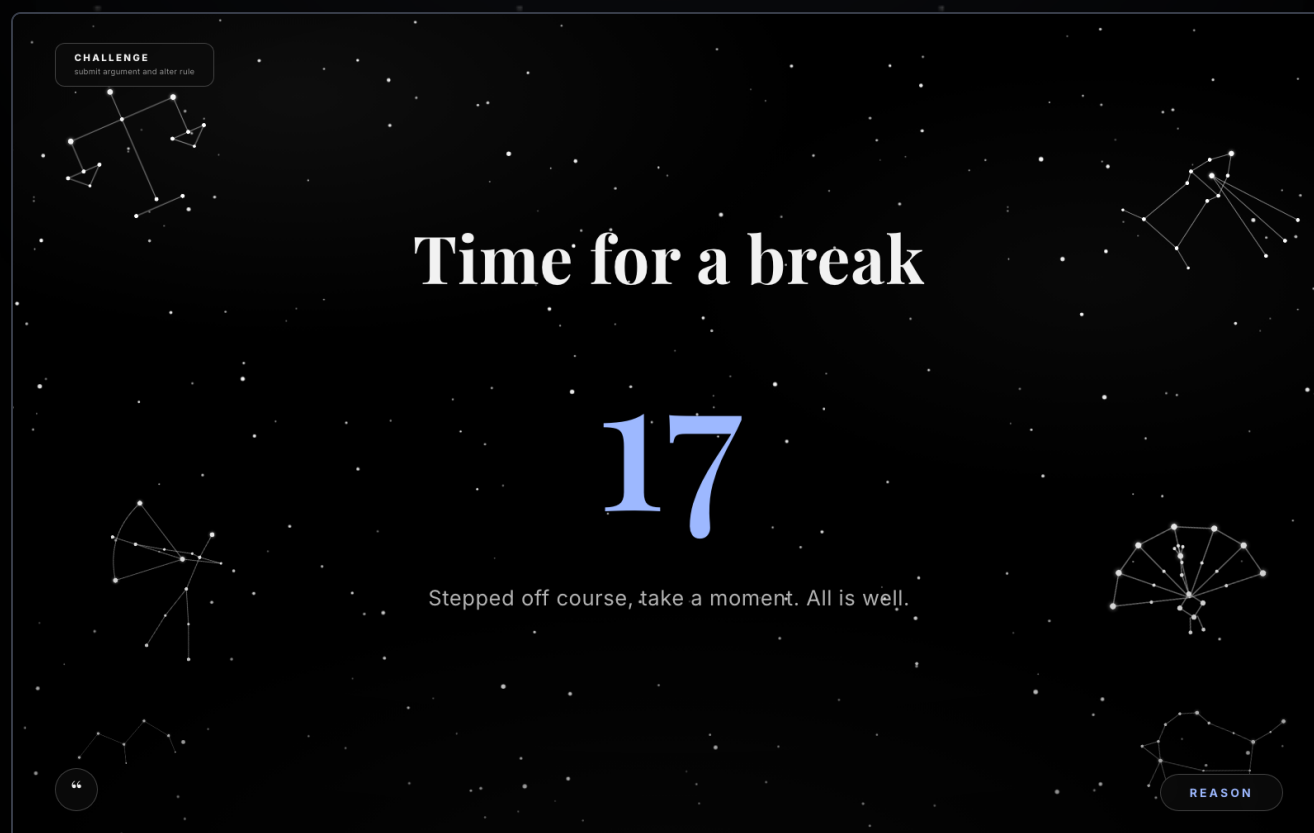
Vulnerable-moment aware

Protection scales up in the times and places you set as risky — and eases where you're safe.



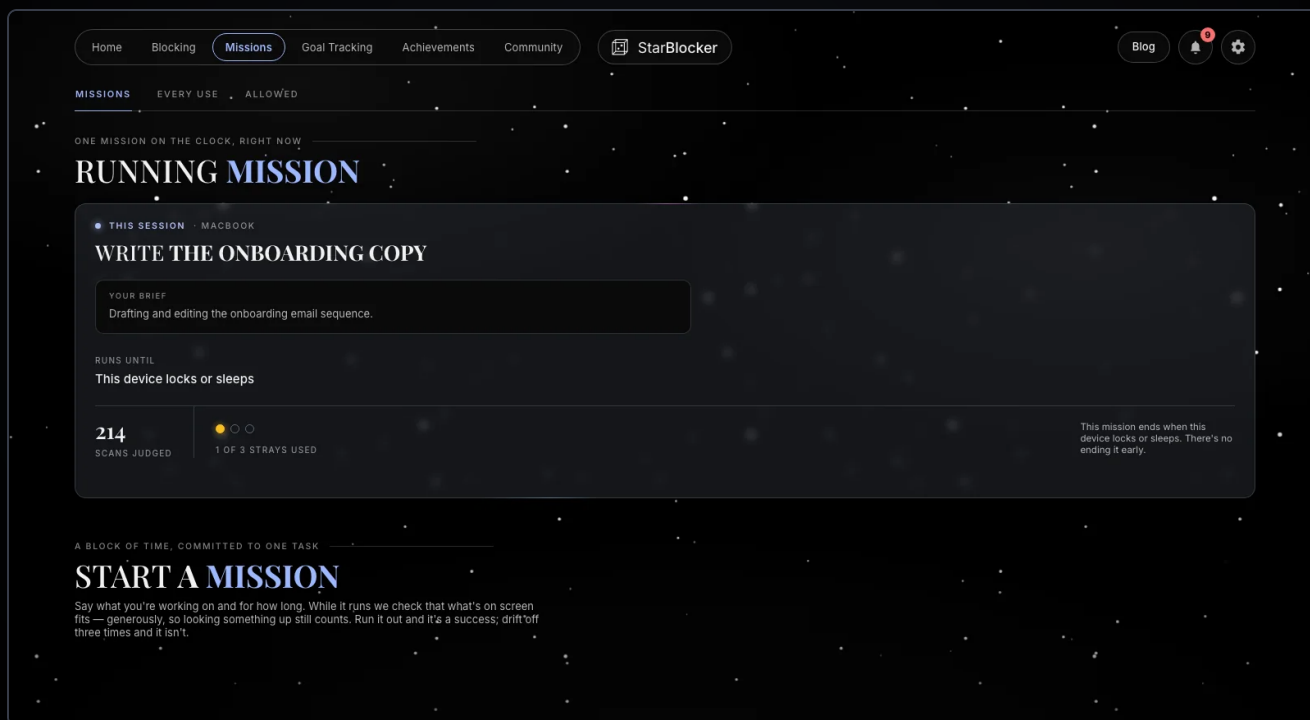
Location & context aware

Locked down at home, free at work, with time-limits on social everywhere.



Your rules, in plain English. Scope each one by where and when — up to five qualifiers combining location, schedule and Wi-Fi, like “at home after 6, or anywhere on office Wi-Fi.” Each rule is a short instruction the AI judges against, so there's no word list to keep complete.

BLOCKING, TIME LIMITS AND MISSIONS — IN ONE DASHBOARD.



The web dashboard. Set your blocking rules, daily time limits, and missions from the same place — here, a running “Writing a book” mission judged scan by scan.



Blocking & modes

A real-time overlay that escalates: soft cooldown → longer cover → a ten-minute forced break on every device you own, timed by the server so closing the laptop is how you spend it. Wrong call? Appeal from the cover — the AI re-judges the very screenshot, and an accepted appeal writes the exception into the rule.



Time limits

Daily budgets on a concept — e.g. social media. Warns as you approach, blocks when spent.



Missions

Commit a block of time to one task. The AI judges every scan and flags the moment you stray.



Accountability

Invite a partner alerted on infractions and tamper attempts — the pressure that makes it stick.

IT READS THE ACTUAL SCREEN — AGAINST YOUR RULES.

01 · CAPTURE

Glances every ~10s

A lightweight screen capture while you're active — nothing when you're away or locked.

02 · ON-DEVICE FILTER

~4 in 5 frames never leave

Duplicate frames, trusted activities, and a local text scan are handled on your own device — cheap and private.

03 · VISION JUDGES

Reads what's on screen

The rest go to a vision AI (Google Gemini) that understands the screen and matches it to your rules.

04 · ENFORCE

Block · warn · log

One look answers it all: block it, is it on-mission, which time-limit it counts against.

Because it **understands** the screen instead of matching a fixed list, it enforces rules no keyword filter can — like **"no shoe shopping at my house,"** while leaving your work research alone. **No blacklist could ever be complete, so StarBlocker doesn't even try** — it goes off AI-judged user intention instead of blocking a list of sites and words.



One model, watching for intent. Not a bigger blacklist — a set of eyes that reads the screen the way you would.

THE RIGHT LEVEL OF PROTECTION FOR ANYONE.

Protection is a **dial, not a switch** — a gentle nudge for one person, an unbreakable commitment for another. And once a session is live, it's built to stay that way.



Set your unlock difficulty

Weakening a live rule costs your chosen task: **Easy** retype-a-sentence, a **5-min** timer, a **10-min** game, or the **Hardest 30-min** timer — server-clocked, so there's nothing to click through.



No back doors mid-session

While a session is active you can't log out, quit, change a rule, or downgrade your unlock mode — not without first passing your own unlock challenge.



Built to survive being killed

Several processes watch each other. Kill one and another restarts it — there's no single switch that quietly turns protection off.



Uninstall protection & partners

Disabling or uninstalling waits out a commitment delay, and every tamper attempt — permissions off, sign-out, protection weakened — pings your accountability partner.

Turn this rule off?

"Adult content" is on and blocking right now.

Before many acts of bad habits or addiction comes the obsession of the mind. Desire is a fast-growing tumor. We can get better at recognizing when we are falling into obsession, and at using tools like breath work, prayer, meditation and social connection. Catch it before it grows out of control.

TYPE IT OUT (no pasting, no copying — that's the point)

Type the sentence above.

Unlock and continue

Keep it on

An unlock task in action. To get past a block you pay the friction you chose — here, retyping a paragraph in full, no pasting.

Gentle nudge  A half-hour wall you can't click past

DAYS SINCE — AND DAYS KEPT.

Blocking is what the software does. **Counters and habits are what the person does** — and StarBlocker keeps both in the same account, so for the first time the two halves can be read against each other.



Day counters

"Days since" for anything you name. Every number is derived from an append-only ledger, so there is no stored total that can drift — the current run, the best run, lifetime days on course, the success rate and which attempt this is are all true at any moment, including the moment a run ends.



Daily habits

A name and seven weekday checkboxes — "Workout · Mon Wed Fri." Ticks are append-only too, and the streak is walked rather than stored. One reminder a day, **7PM by default**, and only if something is still unticked: a finished day is silent.

92

CURRENT
RUN

148

BEST RUN

355

LIFETIME
DAYS ON
COURSE

89%

SUCCESS
RATE

4

ATTEMPT

3

COMEBACKS

The numbers that don't reset. When a run breaks, the screen leads with the ones that survived it. A **comeback** is banked the moment a post-reset run reaches seven days, and it is never un-earned — it rewards the return, not the fall.

MON



TUE



WED



THU



FRI



SAT



SUN



A day a habit isn't scheduled on is not a day it was missed. The dashed days were never due, so the streak steps straight over them. Three habits is the recommended list; a fourth asks you to confirm unless every habit you already carry is a fortnight old **and** 90% of the times they came due in the last two weeks were done.

A reset is the user's word, not the software's. The scanner may ask whether an infraction broke the streak, but only the person can declare a lapse. "No" leaves the counter standing.

116 BADGES. A RESET CAN ZERO A COUNTER — IT CAN NEVER TAKE A BADGE.

Ten tiered ladders, each climbing a number the account already keeps. Awarding is **insert-only**: a metric that later shrinks can never revoke what it once earned.



GALAXY



WARP SHIP



THE OCEAN



LIGHTHOUSE



THE WORLD



THUNDERBOLT

LADDER

WHAT IT COUNTS

FIRST RUNG → LAST

Streak

Your best run in days, across your counters.

Meteoroids (1 day) → Cosmic Web (1,460) · 18 rungs

MissionsHours actually **served** — elapsed time capped at what you committed to. A twelve-hour mission ended after five minutes is not twelve hours.

Model Rocket (1 hr) → Space Fleet (5,000) · 14 rungs

Perfect DaysDays you used the machine and **nothing went wrong on it**: every scan clean, nothing blocked, no mission failed, no lapse declared, every due habit done. Today never counts.

New Moon (1) → Blue Moon (500) · 10 rungs

Habits

Every habit tick and the longest run held while carrying three habits or more.

Drop (1) → The Ocean (2,000) · Pillars to Parthenon

The kept flameWarnings **heeded** — a card arrived and you changed course. Not the ones shown, not the ones waved away.

Ember (1) → Eternal Flame (150) · 10 rungs

Urges surfed

Urges that crested and passed without a second strike.

Hermes' Feather (1) → Zeus's Thunderbolt (1,000) · 13 rungs

Comebacks

Resets whose next run reached a full week.

Wheel of Fortune (1) → The World (25) · 5 rungs

Badges mark what's held. They can be displayed on a community profile, and once earned they are never revoked.

SEE THE PATTERN. KEEP THE PERSON IN CHARGE.

StarBlocker does more than interrupt a screen. It helps you understand the conditions around your attention, notice what is working, and choose the right kind of support without turning reflection into punishment.

Top activities — last 14 days

What you spend screen time on, regardless of which browser or app it's in. The basis for future pattern insights.

VS Code	412 scans
Typora	268 scans
Claude	231 scans
Terminal	184 scans
GitHub	146 scans
Slack	121 scans
Google Docs	97 scans
YouTube	88 scans
Figma	71 scans
Gmail	64 scans



Check-ins & the Observatory

Optional feeling and context check-ins sit beside an hour-by-weekday pattern view, helping you connect attention, environment and outcomes over time.



Urges can pass

Record an urge without treating it as failure. When the wave passes without a block, stray or spent limit, StarBlocker can recognize the return.



Community & partners

Ask and answer in a moderated community, wear earned badges, or invite a trusted accountability partner for the moments where outside support helps.



One account, up to five devices

Carry the same intentions across Mac, Windows, Android and iPhone, with each platform enforcing what its operating system allows.

Reflection is offered, never owed. Check-ins are optional, warnings explain themselves, and the user keeps the final word.

IT LEARNS YOUR PATTERNS, AND GIVES GENTLE WARNINGS.

A warning is a card that arrives **before** a window StarBlocker has evidence for. **An offer, never an enforcement** — and it rests on one distinction the product refuses to blur:



An infraction

What the **scanner** caught: a rule tripped on screen. The raw material the score is built from — and never counted, labelled or shown to anyone as a slip.



A slip or lapse

What **you** declared. A **slip** marks the day and the count keeps running; a **lapse** resets it. Only the person can file either. The product knows both signals, and never lets one stand in for the other.

SEVEN WEIGHTED FEATURES, SUMMING TO 1

FEATURE	WEIGHT	WHAT IT MEANS, IN PLAIN LANGUAGE
windowRate	0.28 	This hour-and-weekday's share of your infractions, against the flat rate across the week. Reads zero until the bucket recurs — three infractions across two or more distinct weeks — so one bad Tuesday stays a bad Tuesday.
negAffect	0.17 	Negative chips in your check-ins over the last 72 hours, the last 24 counting double.
acceleration	0.16 	Infractions clustering right now — three inside four hours is a slide already in progress.
counterState	0.11 	How recently you declared a slip or lapse, fading to nothing over 14 days — the early days after a reset are the risky ones.
pastBedtime	0.11 	Up past your own usual last-active hour — the 80th percentile of the last fortnight's nights, not a fixed clock.
prior	0.11 	The population prior — late nights, weekends — shrinking toward zero as your own record accumulates.
noMission	0.06 	The protective factor absent: no mission today, for somebody who normally runs them.

Hand-set and in the open — which is why every card can name the two factors that carried it.

Nothing is said until the account has a history of its own: 14 days of being watched and **5 infractions** on file. Until then, scores are computed, logged and suppressed. That silence is the system working — and the app shows warm-up progress so it can't be mistaken for a broken feature.

“70% OF YOUR SLIPS AND LAPSES HAPPEN ON WEDNESDAY NIGHTS AT HOME.”

The score answers “is now risky”. It cannot answer “**what about me**” — and a number nobody can argue with is a weaker warning than a sentence somebody can check against their own memory. So a second pass mines the whole timeline — infractions, declared slips and lapses, 16 check-in chips running good → neutral → hard, context tags, places, missions, habits and counters — for findings worth saying out loud. Self-reports and infractions are mined separately and never mixed inside one sentence.

Exposure is measured, not assumed, and lift is a ratio. “80% of your slips follow a day you logged stress” sounds alarming and means nothing if you log stress on 85% of days. So every candidate is divided by how often the thing it blames actually happens, and it is that **lift** — not the share — that has to clear the bar.

THE FOUR SHAPES A FINDING CAN TAKE

SHAPE

WHAT IT READS — AND WHERE ITS EXPOSURE COMES FROM

Time of week ± place

“Wednesday nights at home.” Exposure is structural: a Wednesday night is a fixed eight of the week’s 168 hours, whoever you are.

The day after a tag

“The day after going out with Amber.” Exposure is measured from your own days — a tag that fires most days explains nothing, however many slips follow it.

Within a couple of hours

A fuse already lit, and the only shape where a warning can still change the outcome rather than explain it afterwards. Overlapping windows are merged, so repeated triggers aren’t charged as constant exposure.

After a feeling

“You’ve reported feeling lonely today.” Bounded at 36 hours: something a day and a half later is not “after” anything a person can act on.

The bars every one of them must clear: support ≥ 5 events · recurrence ≥ 2 distinct weeks · lift $\geq 2.5\times$ chance · share $\geq 25\%$ of the events · still true lately, ≥ 2 in the last 60 days.

And then explained away. Every survivor is re-tested among only the events a stronger finding has not already claimed. If its lift collapses there it was a passenger, and it is dropped — the pasta that looked predictive only because pasta happens on the nights he drinks. Telling somebody about the pasta is worse than telling them nothing, because they will act on it.

What we don’t claim. Nothing here predicts relapse, and no accuracy figure is attached to it. It learns one person’s pattern from their own record and offers a heads-up before a window it has evidence for — and when nothing it knows applies to right now, it says nothing at all. Most of the time nothing clears the bars, and that is the design working.

EARN 10% OF EVERY SUBSCRIPTION YOU BRING IN.

Send people to StarBlocker and earn **10% of every subscription they pay** — for up to a **year**. Two ways to get credited, both tied to your account automatically:



Blog affiliation

Write articles for the StarBlocker blog. Every reader who signs up from your post is attributed to you — no code for them to remember.



Affiliate link & code

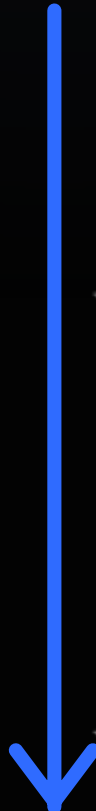
Share your personal affiliate link or vanity code anywhere. Every signup through it is credited to you and pays out 10%.

Become a contributor — starblocker.io/creators

Start using StarBlocker — starblocker.io/app?signup=1

What the competition is missing

The next two pages line StarBlocker up against everyone else.



WHO'S CLOSE — AND WHAT THEY MISS.

PRODUCT	WHAT IT DOES	WHAT IT MISSES VS STARBLOCKER	"NO SHOE SHOPPING AT MY HOUSE"?
Fomi Closest	Screen → cloud vision, flags distracting windows for deep-work.	Soft enforcement (a scolding cartoon), productivity-only, no accountability, no context/location, no hard lock.	No — no location; warns & scores, never blocks; allow-list only
Covenant Eyes	Screenshots, AI flags explicit imagery, reports to a partner.	Vision locked to porn only; can't take an arbitrary rule; report-not-block.	No — explicit content only
Ever Accountable	On-device AI detects explicit images across apps.	Same fixed category; no missions, time-limits, or hard enforcement.	No — explicit content only
Timeslicer	Reads window titles + page text; productive-vs-distracting.	Text only — never sees the screen; blind to images and native apps.	No — infers from URL text
Truple	Periodic screenshots sent to a human partner.	A person does the judging, not AI; no real-time block.	No — human, after the fact

Only StarBlocker combines all four: any rule you can describe · hard enforcement · context & location awareness · missions + time-limits. Fomi shares the tech; nothing shares the whole shape.

SIMPLE FLEXIBLE RULES FOR EVERYONE

- 1 Add **rules** of topics to avoid — scoped by where-and-when qualifiers combining location, schedule and Wi-Fi.
- 2 Add **missions** to stay focused for a set time; anything off-mission is blocked. **Every-Use Missions** mode forces a mission on every device use, so every session is intentional — set it to run always, or only at chosen locations or on a schedule.
- 3 Add **time limits** that cap not just one website, but a whole category of activity — shopping, gaming, politics.
- 4 Add **accountability partners** alerted to your lapses and any attempt to break out of the system.
- 5 **AI-filtered community forums** let users share and learn in a space free of off-topic noise, unsolicited advice, insults and promotion.
- 6 For **Mac, Windows, Android and iPhone** — one account, one set of rules, one shared time budget across all of them.

* On iPhone, StarBlocker judges everything you do in Safari — the same AI, the same rules. It cannot see inside other apps: those can be blocked or time-limited, but never judged.

20 MORE BLOCKERS, SIX THINGS THAT MATTER.

Platforms M·W·I·A = Mac / Windows / iPhone / Android · ✓ has it 🟡 partial · · none. **Users & revenue** are public estimates — app-store ranks, press, and company statements — for order of magnitude only.

PRODUCT	PLAT	USERS	REVENUE	MONTHLY	ANNUAL	TRIAL	AI VISION	LOC + SCHED	FOCUS-ONLY	HARD LOCK	PARTNER	TIME CAP
★ StarBlocker	MWIA	—	—	live	live	14d·card	✓	✓	✓	✓	✓	✓
ScreenZen	MWIA	2M+	Free	Free	Free	Free	·	🟡	🟡	✓	·	✓
Apple Screen Time	MWIA	1B+	bundled	Free	—	Built-in	🟡	🟡	✓	🟡	✓	✓
Google Digital Wellbeing	MWIA	3B+	bundled	Free	—	Built-in	·	🟡	·	·	·	✓
SelfControl	MWIA	~500k	\$0	Free	Free	Free	·	·	✓	✓	·	·
Forest	MWIA	50M+	~\$15M	Free	\$39.99	Free/\$3.99	·	·	🟡	·	🟡	·
one sec	MWIA	3M+	~\$3M	\$2.99	\$19.99	Free tier	·	🟡	🟡	🟡	·	🟡
Roots	MWIA	~500k	~\$1M	\$4.99	\$24.99	Free tier	·	🟡	·	🟡	·	✓
AppBlock	MWIA	10M+	~\$5M	\$4.99	\$29.99	7d	·	✓	✓	🟡	·	✓
Freedom	MWIA	3M+	~\$10M	\$8.99	\$39.96	7 sess.	·	🟡	·	✓	·	·
RescueTime	MWIA	2M+	~\$10M	\$9	\$84	14d·card	·	🟡	🟡	·	·	🟡
Focus Bear	MWIA	~50k	~\$1M	\$9.99	on req.	7d·no card	🟡	🟡	✓	✓	✓	🟡
BlockSite	MWIA	6M+	~\$15M	~\$10.99	gated	3d·card	·	🟡	🟡	🟡	·	🟡
Accountable2You	MWIA	~200k	~\$5M	\$11	\$121	10d·card	·	·	·	🟡	✓	🟡
Rize	MWIA	~100k	~\$2M	\$12.99	\$119.88	7d·no card	·	·	·	·	·	🟡
Bark	MWIA	6M+	~\$50M	\$14	\$99	7d·card	✓	🟡	·	🟡	✓	🟡
Opal	MWIA	1M+	~\$10M	\$19.99	\$99.99	7d	·	🟡	✓	✓	·	✓
Jomo	MWIA	~1M	~\$3M	—	\$29.99	3d	·	🟡	🟡	🟡	🟡	✓
Qustodio	MWIA	8M+	~\$30M	—	\$59.95	~7d+free	🟡	🟡	·	🟡	✓	✓
Canopy	MWIA	~1M	~\$15M	—	\$99.96	7d·card	✓	🟡	·	✓	·	✓
Cold Turkey	MWIA	~500k	~\$2M	—	—	7d·no card	·	🟡	✓	✓	·	✓

The pattern: plenty do one or two columns well — AppBlock has location, Cold Turkey/Opal enforce hard, Bark/Canopy add AI. **None combine all six.** That row is StarBlocker's alone.